

# KEEPSAKE QUILTERS GUILD



## SCRAPS FROM THE PRESIDENT

By Peggee Frost

Here we are in July already. I hope everyone celebrated our Independence Day on July 4th and remembered the freedoms we have been given here in our country.

I am typing this on the eve of my first of two Iowa Shop Hop days for 2023. I am excited to see the different shops and find new ideas to create while also doing a little promoting for our Guild. It's hard to determine if a purchase is a need or want. I mostly always write a little list of things I could use but it is hard to stick to just that list. The options are just too great. If you are also going out this year, please keep an eye out for something that you may be interested in learning as a workshop or program in the coming years. The Program Committee will appreciate receiving new ideas.

Our July workshop is a continuation of last month's workshop. We will still be working on fidget quilts to donate to Care Initiatives. You will also have the option of working on your own projects. Leanne Anderson from the Whole Country Caboodle will present her Quilting Journey for the evening program. It should be an interesting program.

Again - We are still looking for a President-elect and Program Chair-elect, and someone soon to take over Quilts to Share. These are important offices, and the Guild needs your help. It doesn't matter how new you are to the Guild as you may bring fresh new ideas along with you. Please look on the website at [keepsakequiltersguildcv.org](http://keepsakequiltersguildcv.org). The Updated Policies are found at the bottom of the page titled "About Us". In the Updated Policies you can find the job descriptions of all offices. Please ask if you have any questions regarding the duties listed.

Thank you and have fun shop hopping this month!

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The next KQ Newsletter deadline is: August 11, 2023. Submissions received after this date will be considered for the next newsletter.

Please email your submission to April Schriever, editor, at [april.schriever@VLSCrusaders.org](mailto:april.schriever@VLSCrusaders.org)

Keepsake Quilters Guild  
PO Box 1043  
Cedar Falls, Iowa 50613

Meeting Location:  
Bethlehem Lutheran Church  
4000 Hudson Road  
Cedar Falls

Next Meeting Date:  
Monday, June 19  
9:00 am Workshop  
7:00 pm Meeting



## **PRESIDENT'S CHALLENGE**

**By Peggee Frost**

My President's Challenge for the Keepsake Quilters Guild for 2023-2024 is called "BLOCKS TO SHARE". I am urging you to make three different blocks throughout the year that are either 12.5 inches unfinished or 11 inches unfinished. The three block patterns that will be used are as follows: the Woven Ribbon Block, the Amish Block, and the Rainbow Flower Block. They can be made in any color including seasonal prints. Please work on these blocks during the year and turn them in to me at our monthly meetings. We will then be constructing quilts with these blocks at the May 2024 workshop. When the tops are finished, they will be donated to Quilts To Share. The sample patterns of the blocks will be available at our meeting or can be found on our website at: [keepsakequiltersguildcv.org/challenges.html](https://keepsakequiltersguildcv.org/challenges.html).

I am hoping for at least 100 blocks to be made throughout the year. I will be keeping track of how many blocks each quilter makes and will present the winner an award at the May 2024 Annual Meeting!

## **QUILTS TO SHARE**

**By Janet O'Neil**

Quilts to Share is an opportunity for Keepsake Quilters to give back to our community through lovingly made items. Stop in to work with others on Quilts to Share projects—you are welcome for all or part of the day. Sewing machines and all supplies are ready to go so no need to prepare any supplies or drag your machine around. Just come but please plan to bring a sack lunch if you will be staying to work past the lunch hour. If you are unable to join us on Quilts to Share work days and would like a kit to work on, fabric to launder, or quilts to quilt on your own, just give Janet a call at 319-266-9476. Her home is located at 4803 Cedar Heights Drive, Cedar Falls.

## **ROAD TRIP, ANYONE?**

**by April Schriever**

Headed out on a trip this summer? Take a look at this complete list of quilt shops by state! There's also an amazing list of quilt museums! I'll be in Oregon with my family during our July meeting... I'll have to let you know if my hubby lets me stop at any while we are out there!

Quilt shops: <https://ronatheribbiter.com/quilt-shops-us/>

Quilt museums: <https://ronatheribbiter.com/quilt-museums-around-the-world/>

## **MEMBER CARE**

**By Linda Vognsen**

Know of a fellow member who could use a pick-me-up by way of a get well, sympathy, or thinking of you card? Let us know by contacting Linda Vognsen at 319-268-1582.



This month we have space in our newsletter to share a couple of the recipes our Board members brought to our Annual Meeting in May. We hope you enjoy them!

## CHICKEN TACO STEW

Laura Richter

- 1 small onion chopped
- 16 oz can of black beans
- 16 oz can of kidney beans
- 16 oz whole-kernel corn
- 8 oz tomato sauce, garlic flavor
- 2 - 14.5 oz cans of Diced Tomatoes (with chilies optional)
- 1 pkg of taco seasoning
- Jar of salsa (optional)
- Chicken breasts

1. Drain and rinse vegetables.
  2. Mix all items together except for chicken and save some taco seasoning.
  3. Lay chicken breasts on top of mixture and sprinkle with saved taco seasoning
- To Cook: Crock pot - cook on high 3-4 hours and low 8-10 hours. Instant Pot: Cook on high on 45 minutes.
4. After cooking, shred chicken and mix into ingredients.
  5. Serve with shredded cheese, sour cream, taco chips, etc.

## ALMOND COOKIES

April Schriever

- 1 cup salted butter
- 2 eggs
- 1 & 1/4 cup sugar
- 1 teaspoon soda
- 2+ teaspoons almond flavoring
- 2 & 1/2 cups flour
- 1/2 cup ground almonds
- Additional sugar

1. Cream butter with sugar.
  2. Add eggs and combine thoroughly
  3. Add dry ingredients
- Optional: chill for up to 1 hour
4. Drop cookies onto baking sheet. Flatten slightly and sprinkle with sugar crystals or roll in regular sugar.
  5. Bake at 350 degrees for 8-10 minutes. Remove from oven when cookies are just getting hard around the edge and allow to cool on the pan for 5 minutes.

## HOSPITALITY & VOLUNTEERS

By Mary Mumm & Janet Drake

For our July meeting, the ladder volunteers will be Donna Winter and Janet Drake. Treat volunteers are Aleta Anderson and Mary Mumm. Thanks, ladies!





## **PROGRAMS & WORKSHOPS**

### **By Peggy Belton & Sally Payton**

All workshops are held from 9:00 a.m. to 3:00 p.m. unless noted otherwise. You may begin setting up at 8:30 am on the morning of class. Programs are held in conjunction with the evening meeting of the Guild at 7:00 p.m.

#### **July 17, 2023**

Fidget quilts got off to a great start in June. In July, we will have an Open Sew for more fidget quilt production or you have the option to bring something else you are working on! That evening, we will have Leanne Anderson from The Whole Country Caboodle to share their 30-year design journey. There will be some vending plus a coupon!

#### **August 21, 2023**

Our workshop will be led by member Stephanie Rowe and she will teach us how to make a Luggage Rider-Carry-on Bag using her own pattern! Show your style off with your supplies:

- 1 yard quilted fabric for body & sleeve
- 1 1/3 yds fabric for lining, binding and strap
- 7/8 yard fusible fleece if you are quilting your fabric
- 1 magnetic snap if you want a closure
- Color coordinating thread

Later that evening, artist Don Dixson will be showcasing his Improvisational Piecing technique in a number of quilts he has created. He will describe how this technique can be easily used to design and create a unique quilt without using a pattern! His trunk show is sure to amaze!

#### **September 18, 2023**

September's workshop brings Iowa instructor Doris Deutmeyer, from Fabrications by Doris, for an opportunity to create some more beautiful fabric art! Doris will bring kits for those that sign up to make a Fused Raw Edge Applique Landscape piece that can be finished as a quilt or wrapped over a framed canvas. Participants can choose from Autumn Chickadee or Winter Cardinal when they sign up. This workshop will be a 5 hour day packed with fun and learning. Fee \$85 (includes kit)

Doris will join us that same evening for a presentation titled "Photo to Fabric" which should also be very informative and inspiring!

Would you like to register for a workshop or have a question about a workshop or program? Please contact our Program Co-Chairs: Peggy Belton & Sally Payton at the Guild's email: [cvkeepsakequiltersguild@gmail.com](mailto:cvkeepsakequiltersguild@gmail.com)



# Keepsake Quilters Guild Board Meeting June 26th, 2023

The July meeting of the Keepsake Quilters Guild was held at Crazy to Quilt, Cedar Falls, IA on Monday, June 26, 2023. It was called to order by President Peggee Frost at 5:36 p.m.

Present: Peggee Frost, Liz Wehrmacher, Deb Reuter, Laurel Northey, Laura Richter, Sally Payton, Peggy Belton and April Schriever.

Secretary's Report: Minutes of the June Board meeting were emailed to Board members and approved.

Treasurer's Report: The Treasurer's report was presented and filed for audit.

Old Business: The photo membership directory is being worked on.

New Business: We received a letter from the National Cattle Congress. They are trying to revitalize the quilting program at the Cattle Congress and asked if our Guild is interested in having an interactive booth and display. We want more information and need more time to organize this. We will check into possibly doing this next year. We discussed possibilities for Quilts to Share when Janet retires. We plan to invite Janet to our next Board meeting to better understand the needs for Quilts to Share.

Programs: Our July workshop will be a Sit and Sew working in fidget quilts. The evening program will be by Leanne Anderson - The Whole Country Caboodle - Their Quilting Journey. The August workshop will be "Luggage Rider" by Stephanie Rowe. The evening program will be by Don Dixon - Improvisational Piecing Techniques. For September our workshop will be by Doris Deutmeyer - Birches Chickadee/Cardinal Fabrication and in the evening Doris will present "Photo to Fabric".

Newsletter: The deadline for the July newsletter is Friday, June 30, 2023.

Adjournment: The meeting was adjourned at 6:24 p.m. The next Board meeting will be held at 5:30 p.m. on Monday, August 7, 2023 at Crazy to Quilt, Cedar Falls, Iowa.

Respectfully submitted: Deb Reuter, Secretary



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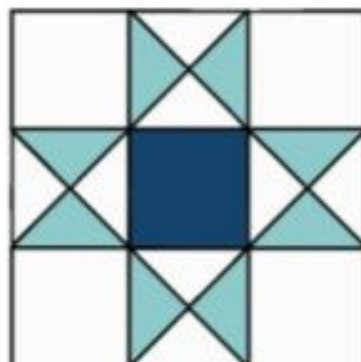
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